

Just Between Friends...

OF THE YORBA LINDA PUBLIC LIBRARYQUARTERLY NEWSLETTERFALL 2016

# Psst... Xere's what's happening at the LIBRARY:

### Become a more "Healthy U" @ the Library!

The Library is pleased to offer a series of programs and services that help to nurture the mental, emotional, and physical wellness of the Yorba Linda community. Sponsored by a grant from the California State Library, the Yorba Linda Public Library is now offering various services and events themed around healthy living.

#### **Board Games & Puzzles**

Did you know that board games and puzzles offer players more than just a fun, recreational outlet? Studies show that such activities help to relieve stress, improve brain function, stimulate the mind, boost creativity, increase attention spans, and improve social skills. The Library is now checking out games including old favorites and here as Sarabhle. Backgammen, and Yahtzaa and new cleasing out here and paper and yahtzaa.

such as Scrabble, Backgammon, and Yahtzee and new classics such as Apples to Apples and Beat the Parents. To view the entire collection of board games & puzzles available for checkout, visit our Game Lending Library on our website.



#### Day Pack Hike Kits

Become a more Healthy U by exploring local hiking trails. The Library is now offering Day Pack Hiking Kits to provide you with the tools to enjoy a recreational hike including an action camera, hiking books, binoculars, and a compass. Kits are themed for local hiking trails including the Yorba Linda area, greater Orange County, and Los Angeles County.

#### Sewing Machines, Crochet & Knitting Kits

Not only does learning how to do such things as sew, crochet, or knit gain you a life-long skill, it can also relieve stress, improve memory function, protect the brain from aging, and increase your overall happiness! In particular, those who suffer from depression & anxiety often report less stress and more happiness after crafting. The library will begin to offer crochet & knitting kits, and sewing machines for check out beginning this fall.









## UPCOMING HEALTHY U EVENTS

<u>Grow it Now: Small Spaces</u> Wednesday, September 14 at 2:00 p.m. No space to garden? You'll be amazed at what you can grow in even the smallest of spaces. Create a year-round, no fuss vegetable or herb garden or a place to grow your favorite flowers.

<u>Coffee Talk: Brain Fitness</u> *Tuesdays: October 4, 11, 25; November 1; December 13 at 10:00 a.m.* Exercise your brain! An instructor from Cognitive Care Solutions will detail ways for you to increase memory, problem solving skills, visual-spatial skills and more!

<u>Healthy Twists on Holiday Favorites with Chef Renee</u> Saturday, November 12 @ 2:00 p.m "Fall" in love with a healthy version of your holiday favorites with Chef Renee. Traditional side dishes will still be decadent and memorable with a healthy make-over.



#### THE BOOK CORNER BULLETIN

#### **Book Corner Opportunities**

This has been an exhilarating summer for the Book Corner. Our volunteers always enjoy seeing the children, teens and adults taking part in the exciting programs offered at the library. Did you know that the majority of the programs are funded by the books that you donated and purchased in the Book Corner? THANK YOU. Thank you also to the library staff, and all the community/teen volunteers who made the programs so inviting and delightful for our children, teens and adults. The Book Corner shelves are full of books, media, magazines and other materials that may be just perfect for you or for a special friend or occasion. Drop by and check out the great deals we offer. At the same time you are funding Fall activities for the library such as elementary school visits, story hours, regular teen programs and extravagant special events. Check the schedule of upcoming events to see which might interest you or your family.



Your donations of books and cash help make The Yorba Linda Library a highly recognized library in Orange County and across Southern California. Watch for more giving possibilities coming soon. Perhaps a sponsoring membership in the Friends organization is in your future. Or, perhaps you would be interested in volunteering with a fabulous group of folks who keep the Book Corner open 6 days a week. We could use your help.

You can also be part of the Yorba Linda Public Library's success by supporting The Book Corner in its sales.

#### PLEASE JOIN US ON SATURDAY, SEPTEMBER 24th FOR OUR LAST BIG SALE OF THE YEAR

#### WE WILL FOLLOW UP THE SALE ON SUNDAY SEPTEMBER 25th WITH OUR \$2 A BAG SALE

#### COME ON IN AND BROWSE-- YOU WON'T REGRET IT.

The sale starts at 10 AM on Saturday, September 24th and will close at 4 PM. Sunday's hours are a bit more restrictive--11 AM to 2 PM. See you on the 24th or the 25th or maybe both! There will be many types of books and materials that we have been saving for this special sale. We encourage teachers, parents, and school supporters to visit the sale and help stock up school classrooms and school libraries. Our children's selection is always a popular treat. Come early and enjoy some fun browsing time.

I will look forward to seeing you in The Book Corner soon!

Linda Birtler,

Book Corner Chair



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#### Support Friends of the YL Library...

#### By making your next Amazon purchase through AmazonSmile

#### What is AmazonSmile?

AmazonSmile is a simple and automatic way for you to support *Friends of the YL Library* every time you shop, at no cost to you. When you shop at <u>smile.amazon.com</u>, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to *Friends of the YL Library*.

#### How do I shop at AmazonSmile?

To shop at AmazonSmile simply go to <u>smile.amazon.com</u> from the web browser on your computer or mobile device. You may also want to add a bookmark to <u>smile.amazon.com</u> to make it even easier to return and start your shopping at AmazonSmile. Log on to the site ~ it's easy to set your charity as: Friends of the Yorba Linda Public Library

#### Can I use my existing Amazon.com account on AmazonSmile?

Yes, you use the same account on Amazon.com and AmazonSmile. Your shopping cart, Wish List, wedding or baby registry, and other account settings are also the same.

It costs you nothing and our library and community benefit!



#### **BOOKS FOR KIDS**

Because Summer Reading shouldn't end because school starts, , ,

Visit our Children's section regularly. We're always getting great books like: big NATE, DIARY OF A WIMPY KID, HARRY POTTER, RICK RIORDAN, GOOSEBUMPS, THE MAGIC TREEHOUSE, AMERICAN GIRL, CAPTAIN UNDERPANTS, FLAT STANLEY, NANCY DREW, RAINBOW MAGIC, THE MIXED UP FILES..., PICTURE BOOKS, CHAPTER BOOKS, CLASSICS, SPACE TRAVEL, SCIENCE, KIDS COOKING .... Plus DVD's, CD's, and more! All of the newest adventures and plenty of timeless tales we enjoyed as kids at tremendous savings.

Come in often – we get a fresh batch weekly and they FLY out the door almost as fast!! We also accept and *appreciate* donations of children's books, movies and games.

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# Six Thriller Writers Who Don't Cheat when It Comes to Science

By Jeff Somers

As time marches on, technology has reached a point where very few of us have an instinctive or even educated grasp of most of the tech we use every single day. Where once anyone might be expected to be able to pop the hood of their car and fix a minor problem, modern automobiles require a computer hookup and a radiation suit just to perform basic maintenance. The people who really suffer in this hyper-modern world are writers, who often have to fake their way through technological and scientific competence—and even if they start off their careers knowledgeable about a subject, chances are they've been left in the dust in a few years by simple progress. Thriller writers are especially vulnerable—which makes the writers listed here all the more remarkable, as they've managed to craft exciting, twisting science-based thrillers that never once cheat on the facts.



#### Mike Ransom, <u>The Ripper Gene</u>

Ransom, a real-life molecular pharmacologist, has a knack for phrases that drip with tension, not to mention for creating interesting characters you want to follow around wherever they go. His debut novel nails the science as he tells the story of a team trying to identify and stop a serial killer using, in part, the discovery that a specific genetic trait is shared by 70 percent of every identified serial killer in history. The concept sizzles, and Ransom manages an effortless balance between real science and real action, making this one a keeper for both thriller fans and science sticklers.



#### John Gilstrap, <u>The Jonathan Grave Series</u>

When discussing scientific accuracy, it's typical to concentrate on the sort that requires a white lab coat and beakers full of bubbling, multi-colored liquids. But as important— possibly *more* important for a thriller—is getting the everyday technology right. Gilstrap's Jonathan Grave is a security expert and elite freelance hostage negotiator, and he relies on a plethora of modern technology, ranging from security devices and systems to more generalized computer hacking. Gilstrap, who freely admits he doesn't know much about either, does his research and does it well; he was once contacted by a military unit that believed he'd somehow stolen classified information and published it.



#### Robin Cook, <u>Coma</u>

Although it's become a bit dated as the world of hospitals and medicine has evolved significantly since the mid-1970s, Cook's classic remains a near-perfect example of a thriller that doesn't skimp on the action or the twists while presenting the science in an extremely accurate manner. Medical student Susan Wheeler investigates a series of incidents that result in comatose patients, leading to a horrifying discovery, and the story remains a fascinating peek into the underbelly of hospitals and healthcare, interesting and educational despite the passage of time.



#### Richard Preston, The Hot Zone

Yes, *The Hot Zone* is actually nonfiction, but Preston wrote it in a novelistic manner, resulting in perhaps the most scientifically-accurate thriller about a potential plague ever composed. Based on a real incident that occurred in 1989, Preston's book manages to be terrifying and absolutely 100 percent scientifically accurate, and is thus to blame for the wave of lesser virus-outbreak thrillers that followed in the 1990s— almost all of which lacked the original's strict adherence to reality. *The Hot Zone* remains a powerfully unsettling book that illustrates how fragile our existence

communal really is.



#### James Rollins, The 6th Extinction

In all fairness, Rollins takes some liberties with his science, stretching very real technologies and discoveries into the realm of sci-fi. But his stretches are always based on rock-solid science, and *The 6th Extinction* actually contains fewer than most of his books, extrapolating what's currently known about mass extinctions, biology, and bioengineering into a terrifying thriller that offers that rarity in science-based thrillers: a reasonable and plausible end-of-the-world event that keeps you sleepless long after you finish the book because it *could* actually happen.



#### Peg Kay, Me Tarzan, You Dead

More of a fun mystery than a thriller, Kay's delightful book nonetheless sets up a great science-y premise: a group of researchers, politicians, and other assorted bigwigs gather on the roof of the Federal Laboratory for Industrial Technology for a robotics demonstration that ends with a murder. The murderer is obvious—the robot—but the identity of who *programmed* the robot to kill is the real matter that needs investigating. Kay's romp through the machinations of Washington, D.C. and robotics tech is dated to the 1990s, but she remains one of only a handful of thriller writers to

have won the Washington Academy of Sciences Seal of Approval, given to books that maintain rigorous scientific accuracy.



"Outside of a dog, a book is man's best friend. Inside of a dog it's too dark to read."

~ Groucho Marx

#### What You'll Find at the September Book Sale Saturday, September 24<sup>th</sup> 10 am to 4 pm

Come early for best selection of Fiction, Mysteries, Romance, Classics, Cookbooks, Science Fiction, DVD's and other Media! You'll find all your favorite authors and some new ones, too!

<u>PLUS</u>: LOTS of **Teaching Materials**, *including Christian textbooks and literature*. This is a great opportunity to add to your library!

Young Adults will find their own section with a wide variety of books, manga, DVD's and games, so drag your teenager out of bed early!

The Children's Corner is BURSTING with lots of favorites.... Own them for a FRACTION of cover price! Find DVD's, and non-fiction.

THEN, September 25<sup>th</sup> from 11 am to 1 pm it's the TWO BUCK A BAG Sale!!!!

Please remember to bring cash or checks ~ We don't take debit or credit cards.... Yet!



The broadest, and maybe the most meaningful definition of Volunteering: Doing more than you have to because you want to, in a cause you consider good. ~Ivan Scheier



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Friends of the Yorba Linda Public Library 18181 Imperial Highway Yorba Linda, CA 92886

THE BOOK CORNER (714) 693-5044

Books Give Us Wings

Separate Entrance -Outside Library, Under the Stairs

#### **BOOK CORNER HOURS**

We're open late on Monday, Tuesday and Wednesday!!

Monday and Tuesday Wednesday Thursday, Friday, Saturday 10 am to 7:30 pm 1 pm to 7:30 pm 10 am to 4 pm



Your support greatly enhances the quality of life in our community.

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